

What Moms Need & How You Can Help!

SERIES: RUNNING ON EMPTY
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Next Week: "Stopping to Refuel"

Reading Ahead: Job 14:5; Ps. 39:4; Ps. 127:2; Prov. 21:5; Eccl. 4:6; Isa. 40:28-31; Mt. 11:28-30; Gal. 1:10; Eph. 5:15; Phil. 3:8; 1 Thes. 2:4

Key Verse

Eph. 6:2a (NIV)

"Honor your father and mother."

1. The Bible Teaches That Moms Need: _____.

Psalms 78:56a (NLT)

"Yet though He did all this for them, they continued to test His patience."

Eph. 4:2 (NLT)

"Be patient with each other, making allowance for each other's faults because of your love."

James 1:3-4 (TLB)

"For when the way is rough, your patience has a chance to grow. So let it grow, and don't try to squirm out of your problems. For when your patience is finally in full bloom, then you will be ready for anything, strong in character, full and complete."

Matthew 7:12a (NLT)

"Do for others what you would like them to do for you."

2. The Bible Teaches That Moms Need: _____.

Phil. 1:3 (NIV)

"I thank my God every time I remember you."

Col. 1:3 (TLB)

"Whenever we pray for you, we always begin by giving thanks to God the Father of our Lord Jesus Christ."

3. The Bible Teaches That Moms Need: _____.

Psalms 127:2 (NLT)

"It is useless for you to work so hard from early morning until late at night, anxiously working for food to eat; for God gives rest to His loved ones."

John 10:10 (NAS)

"I came that they may have life, and have it abundantly."

4. The Bible Teaches That Moms Need: _____.

James 1:5 (NCV)

"But if any of you needs wisdom, you should ask God for it. He is generous and enjoys giving to all people, so He will give you wisdom."

Col. 2:3 (GW)

"God has hidden all the treasures of wisdom and knowledge in Christ."

5. The Bible Teaches That Moms Need: _____.

Proverbs 31:28-31 (NIV)

"Her children arise and call her blessed; her husband also, and he praises her: 'Many women do noble things, but you surpass them all.' Charm is deceptive, and beauty is fleeting; but a woman who fears the Lord is to be praised. Give her the reward she has earned, and let her works bring her praise at the city gate."

6. The Bible Teaches That Moms Need: _____.

Eph. 4:29 (NIV)

"Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen."

7. The Bible Teaches That Moms Need: _____.

Matt. 11:28 (NLT)

"Then Jesus said, 'Come to Me, all of you who are weary and carry heavy burdens, and I will give you rest.'"

8. The Bible Teaches That Moms Need: _____.

John 14:1 (NLT)

"Don't be troubled. You trust God, now trust in Me."

Psalms 62:8 (NLT)

"Trust in Him at all times. Pour out your heart to Him, for God is our refuge."

To sum up in one word:

YOUR MOTHER NEEDS YOU TO: _____.

ANSWER KEY:

Patience; Appreciation; A Life; Wisdom; Validation; Communication; Rest; Faith; Repent